

How to buckle up correctly in Winter

Dear parents,

Please do not forget during those cold Winter days that your **child car seat's internal harness cannot be tightened correctly when your child is wearing a thick jacket.** In the event of an accident or even harsh braking, the "air buffer" of the winter jacket is compressed, so that there is much more space for movement within the harness than is safe.



Above the winter jacket it looks as if the harness is tightened properly



However, this is exactly the same harness setting as before, this time without the jacket



This is how a properly tightened harness should look like

What can I do to prevent my child from being cold in Winter?

- Use footmuffs specifically designed for baby car seats
- Have your child wear a poncho and put the back part over the seat
- Similarly, you can also cut a "head opening" into a fleece blanket
- Put the jacket on 'the wrong way around' after buckling up
- Place a hot water bottle into the car seat 5-10 minutes before departure (but of course remove it before using the seat)

You can find further information on child safety in cars also on www.carseat.co.uk

Pictures: Linda Blom

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